

113TH TOUR DE FRANCE · 4 – 26 JULY 2026

# THE RACE FOR YELLOW

Contenders & Teams — a 2026 season preview for partners and sponsors

**BARCELONA**

Grand Départ · first ever on Spanish soil

**21 STAGES**

~3,333 km · 8 mountain days

**€2.5M**

prize purse · €500k to the yellow jersey

THE 2026 EDITION

# The race at a glance

**21**

**STAGES**

7 flat · 4 hilly · 8 mountain

**3,333**

**KILOMETRES**

54,450 m of total climbing

**5**

**SUMMIT FINISHES**

incl. Alpe d'Huez, twice

**2**

**TIME TRIALS**

team TTT + individual ITT

**23**

**TEAMS**

18 WorldTeams · ~184 riders

**€2.5M**

**PRIZE PURSE**

€500,000 to the winner

**Grand Départ in Barcelona** — the Tour opens with a stage-1 team time trial (a first since 1971) and finishes with back-to-back Alpe d'Huez summit finishes on stages 19 and 20, the first in Grand Tour history.

THE HEADLINE STORYLINE

# A rivalry built for prime time



## TADEJ POGAČAR

Chasing a record-equalling 5th Tour title — level with Anquetil, Merckx, Hinault and Indurain.

VS

## JONAS VINGEGAARD

Fresh off the 2026 Giro, chasing a rare Giro–Tour double last completed by Pogačar in 2024.

THE FAVOURITE

# Tadej Pogačar

Slovenia · UAE Team Emirates-XRG · Age 27 · Reigning world champion

4

Tour de France titles

3:24

winning margin in 2025

6

one-day & stage-race wins in 2026

01

## 2026 FORM

- Swept the spring: Strade Bianche, Milan-Sanremo, Tour of Flanders and Liège-Bastogne-Liège
- Won the Tour de Romandie and Tour de Suisse tune-ups by commanding margins
- Signed with UAE through 2030; a 5th yellow jersey equals the all-time record

**THE MAN TO BEAT**

## THE PRIMARY CHALLENGERS

# Two riders who can stop him

## Jonas Vingegaard

02

Denmark · Team Visma | Lease a Bike · Age 29

*Two-time Tour winner, chasing the Giro–Tour double*

- Champion in 2023 and 2024; runner-up the last two years
- Won the 2026 Giro d'Italia by 4:11 — his first pink jersey
- Thrives on long, high-altitude climbs with elite Visma support

## Remco Evenepoel

03

Belgium · Red Bull–BORA–hansgrohe · Age 26

*The Tour's third elite reference point*

- Finished 3rd on his 2024 debut; a world-class time-trialist
- New leader of the Red Bull super-team after a big off-season block
- Podium threat if he limits losses on the hardest mountain days

## PODIUM OUTSIDERS

# The next wave of contenders

**04**

**Juan Ayuso**

**Lidl-Trek · Spain**

Climbs and time-trials in equal measure — a genuine top-five threat.

**05**

**Isaac del Toro**

**UAE Team Emirates · Mexico**

The 22-year-old prodigy who nearly won the 2025 Giro on debut.

**06**

**Florian Lipowitz**

**Red Bull-BORA · Germany**

Relentlessly consistent; runner-up to Pogačar at Romandie.

**07**

**Carlos Rodríguez**

**Netcompany INEOS · Spain**

Third-week resilience makes him a quiet podium candidate.

# The young guns to watch

## Paul Seixas

France · Decathlon CMA CGM

*The most anticipated French Tour debut in decades — a teenager already beating the sport's biggest names.*

- Won Itzulia Basque Country and La Flèche Wallonne in 2026
- Runner-up to Pogačar at both Strade Bianche and Liège
- Capable of a stage win and a top-five overall finish

19

## Isaac del Toro

Mexico · UAE Team Emirates · Age 22

*Favourite for the white jersey on his Tour debut.*

- 18 wins in 2025 and 2nd at the Giro
- 2026 wins at the UAE Tour, Tirreno-Adriatico and the Dauphiné
- Doubles as Pogačar's most dangerous domestique

THE SQUADS BEHIND THE JERSEYS

# Team power rankings

## UAE Team Emirates-XRG

**Leader:** Tadej Pogačar

del Toro · Almeida · Yates · McNulty

## Team Visma | Lease a Bike

**Leader:** Jonas Vingegaard

Jorgenson · Kuss — deep in the mountains

## Red Bull-BORA-hansgrohe

**Leader:** Evenepoel & Lipowitz

a genuine two-pronged podium bid

## Lidl-Trek

**Leader:** Juan Ayuso

Mads Pedersen · Ciccone add versatility

## Netcompany INEOS

**Leader:** Carlos Rodríguez

GC steadiness plus stage-hunting depth

## EF Education-EasyPost

**Leader:** Richard Carapaz

the aggressor, hunting a polka-dot jersey

**UAE Team Emirates-XRG** field the deepest squad the sport has seen — for many rivals, the race is for second.

THE POINTS CLASSIFICATION · GREEN JERSEY

# The sprint battle

## Tim Merlier

Soudal Quick-Step

The fastest pure sprinter in the field.

## Jasper Philipsen

Alpecin–Premier Tech

Backed by Van der Poel's lead-out power.

## Olav Kooij

Decathlon CMA CGM

Explosive finisher chasing his breakthrough.

## Arnaud De Lie

Lotto Intermarché

Power sprinter built for the tough finales.

## WHERE THEY'LL FIGHT IT OUT

Clear bunch-sprint days at Pau (5), Bordeaux (7), Bergerac (8), Nevers (11) and Chalon-sur-Saône (12) — with the Montmartre climbs opening stage 21 in Paris to late attacks.

## THE ROUTE

# Where the Tour will be won

### STAGE 1

Team time trial in Barcelona — the first opening TTT since 1971

### STAGE 16

Individual time trial, Évian-les-Bains to Thonon-les-Bains (26 km)

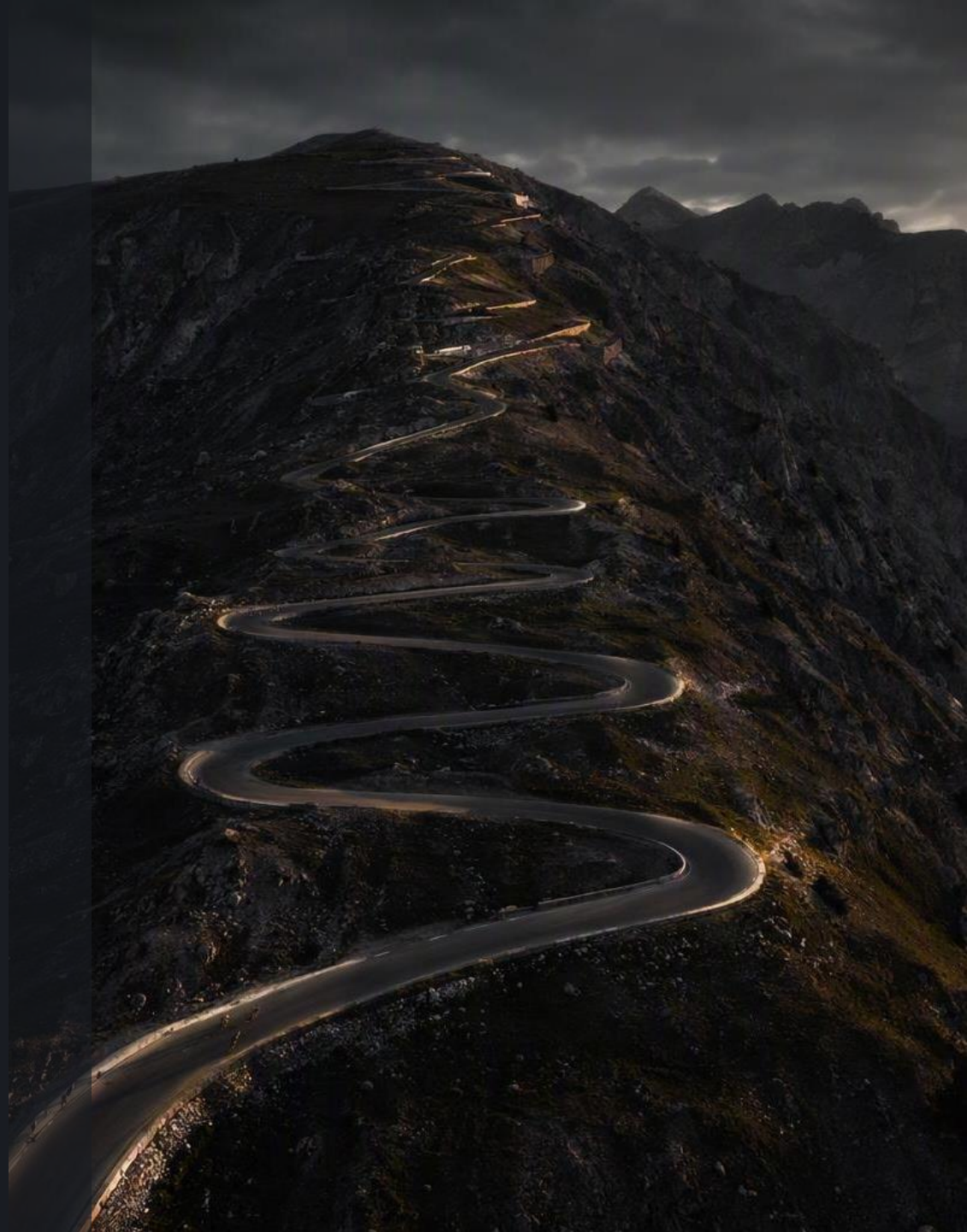
### STAGES 19–20

Back-to-back Alpe d'Huez summit finishes — a Grand Tour first

### STAGE 21

Champs-Élysées finale, reshaped by the Montmartre climbs

*Five mountain ranges — Pyrenees, Massif Central, Vosges, Jura and Alps — with the 2,642 m Col du Galibier as the roof of the race.*



THE COMMERCIAL STORY

# Why 2026 matters for partners

## HISTORY ON THE LINE

Pogačar can equal the all-time record of five titles while Vingegaard chases the rare Giro–Tour double — a marquee, era-defining rivalry.

## FIRST-EVER MILESTONES

First Barcelona Grand Départ, first stage-1 team time trial since 1971, and the first back-to-back Alpe d'Huez finishes in history.

## GLOBAL REACH

Carried across NBC, NBCSN and Peacock in the US and FloBikes in Canada, in front of a worldwide summer audience.

## ELEVATED STAKES

A €2.5M prize purse, €500,000 to the champion, and iconic backdrops from the Sagrada Família to Alpe d'Huez.

Thursday 2nd July 2026

# FAF 🧡

Le Tour de France 2026 | Analysis & Prediction  
A live Copilot workflow



## PREDICTIONS

KING OF THE MOUNTAIN



Tadej Pogačar

YELLOW JERSEY  
OVERALL WINNER



Tadej Pogačar

SPRINT WINNER



Jasper Philipsen

BEST YOUNG RIDER



Paul Seixas



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# THE BATTLE BEGINS IN BARCELONA

21 stages · 23 teams · one yellow jersey — the road to Paris starts on Spanish soil.